

Spur V1.5 Eagle 90 Suspension Setup Guide

Before you make adjustments, begin with all compression and rebound knobs in their fully-closed, clockwise position. Count all clicks in a counterclockwise direction from there. When checking sag, ensure all compression levers and lockout mechanisms are in the fully open (counterclockwise) position.

We don't recommend using sag measurements to set up suspension forks. You should aim for a balanced feel between the front and rear suspension. Check the o-ring located on your fork during the first few rides to ensure you aren't using too much or too little of your travel and adjust accordingly.

Fork: Fox Float 34 Performance Elite, 120mm, 44mm Offset, 3/5 Volume Spacers, 120psi Max

			Compression		Rebound	
Rider Weight (lbs)	Rider Weight (kgs)	Suggested Pressure (psi)	Low Speed	High Speed	Low Speed	High Speed
<120	<54	<64	-10	-10	-13	NA
120-140	54-63	64-72	-10	-10	-12	NA
140-160	63-72	72-80	-10	-10	-11	NA
160-180	72-81	80-88	-10	-10	-9	NA
180-200	81-90	88-96	-10	-10	-8	NA
200-220	90-99	96-104	-10	-10	-6	NA
>220	>99	104+	-10	-10	-4	NA

Rear Shock: Fox Float SL Performance Elite, 190x45mm, 0.6 Volume Spacer, 350psi Max

Rear Shock Sag: 65mm stroke: 18-22mm (28-34%)

Shock Tune: LCL / LRM / CMF			Compression		Rebound	
Rider Weight (lbs)	Rider Weight (kgs)	Suggested Pressure (psi)	Low Speed	High Speed	Low Speed	High Speed
<120	<55	<120	NA	NA	-11	NA
120-140	55-63	120-140	NA	NA	-10	NA
140-160	63-72	140-160	NA	NA	-9	NA
160-180	72-81	160-180	NA	NA	-8	NA
180-200	81-90	180-200	NA	NA	-7	NA
200-220	90-99	200-220	NA	NA	-6	NA
>220	>99	220+	NA	NA	-5	NA