

Relay Alloy Deore Suspension Setup Guide

Before you make adjustments, begin with all compression and rebound knobs in their fully-closed, clockwise position. Count all clicks in a counterclockwise direction from there. When checking sag, ensure all compression levers and lockout mechanisms are in the fully open (counterclockwise) position.

We don't recommend using sag measurements to set up suspension forks. You should aim for a balanced feel between the front and rear suspension. Check the o-ring located on your fork during the first few rides to ensure you aren't using too much or too little of your travel and adjust accordingly.

Fork: RS Psylo Gold, 160mm, 44mm Offset, 0 out of 3 Volume Spacers, 194 psi Max

			Compression		Rebound	
Rider Weight (lbs)	Rider Weight (kgs)	Suggested Pressure (psi)	Low Speed	High Speed	Low Speed	High Speed
<120	<55	<75	NA	NA	< -6	NA
120-140	55-63	75-85	NA	NA	-5	NA
140-160	63-72	85-95	NA	NA	-4	NA
160-180	72-81	95-105	NA	NA	-3	NA
180-200	81-90	105-115	NA	NA	-2	NA
200-220	90-99	115-125	NA	NA	-1	NA
>220	>99	125+	NA	NA	0	NA

Rear Shock: RS Super Deluxe Base, 205x60mm, 4 Volume Spacer, 360psi Max

Rear Shock Stroke: 60mm, Sag: 16-20mm (27-33%)

Shock Tune: DB Air Linear XL/C26/R25			Compression		Rebound	
Rider Weight (lbs)	Rider Weight (kgs)	Suggested Pressure (psi)	Low Speed	High Speed	Low Speed	High Speed
<120	<55	<164	NA	NA	< -12	NA
120-140	55-63	164-189	NA	NA	-11	NA
140-160	63-72	189-213	NA	NA	-10	NA
160-180	72-81	213-238	NA	NA	-9	NA
180-200	81-90	238-262	NA	NA	-8	NA
200-220	90-99	262-286	NA	NA	-7	NA
>220	>99	286+	NA	NA	> -6	NA