

Regulator CX XT DI2 Suspension Setup Guide

Before you make adjustments, begin with all compression and rebound knobs in their fully-closed, clockwise position. Count all clicks in a counterclockwise direction from there. When checking sag, ensure all compression levers and lockout mechanisms are in the fully open (counterclockwise) position.

We don't recommend using sag measurements to set up suspension forks. You should aim for a balanced feel between the front and rear suspension. Check the o-ring located on your fork during the first few rides to ensure you aren't using too much or too little of your travel and adjust accordingly.

Fork: Fox Factory 38 29, 160mm, 44mm Offset, Grip X2, 4/6 Volume Spacer, 140 psi Max

Shock Tune:			Compression		Rebound	
Rider Weight (lbs)	Rider Weight (kgs)	Suggested Pressure (psi)	Low Speed	High Speed	Low Speed	High Speed
<120	<55	<81	10	5	9	8
120-140	55-63	81-85	10	5	8	7
140-160	63-72	85-93	10	5	7	6
160-180	72-81	93-102	10	5	6	5
180-200	81-90	102-111	10	5	5	4
200-220	90-99	111-119	10	5	4	3
>220	>99	119+	10	5	3	2

Rear Shock: Fox Float X2, 205mm x 60mm, 0.6cc Volume Spacer, 350psi Max

Rear Shock Sag: 60mm stroke: 13-20mm (22-33%)

Shock Tune:			Compression		Rebound	
Rider Weight (lbs)	Rider Weight (kgs)	Suggested Pressure (psi)	Low Speed	High Speed	Low Speed	High Speed
<120	<55	<120	13	6-7	12	7
120-140	55-63	120-140	11-13	6-7	11	6
140-160	63-72	140-160	9-10	4-5	10	6
160-180	72-81	160-180	9-10	4-5	9	5
180-200	81-90	180-200	9-10	4-5	8	4
200-220	90-99	200-220	9-10	4-5	7	4
>220	>99	220+	7-9	4	6	4